

## new online resource for people with early-stage alzheimer's



[www.alz.org/ihavealz](http://www.alz.org/ihavealz) 

A diagnosis of Alzheimer's disease is life changing and creates many questions. Knowing what to expect can lessen the fear of the unknown, and help individuals living in the early stage of Alzheimer's disease or other dementia face the challenges ahead.

Developed with input from people living with the disease, the Alzheimer's Association's new webpages of *I have Alzheimer's disease* provide valuable resources, personal insights and helps answer many questions including:

- How do others respond to their diagnosis?
- What should I expect as the disease progresses?
- How do I plan for the future?
- How do I live day-to-day?
- What resources are available through the Alzheimer's Association?

To learn more about this comprehensive resource for people living with Alzheimer's or other dementia, visit [alz.org/IHaveALZ](http://alz.org/IHaveALZ).

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